



My Intention: _____

Business Mindset Class: _____

ICAN Neuro Tools	Goal	Completed
Set the Tone:		<input type="checkbox"/>
Reprogramming:		<input type="checkbox"/>
Choice Point:		<input type="checkbox"/>
Energy:		<input type="checkbox"/>

My Business Actions	Goal	Completed
Touches:		<input type="checkbox"/>
IPAs:		<input type="checkbox"/>

Results	Goal	Completed
Sales/ Bonuses:		<input type="checkbox"/>
Recruiting:		<input type="checkbox"/>

	Yes	No	Notes:
Did I attend Monday Mindset?	<input type="checkbox"/>	<input type="checkbox"/>	_____
Did I participate in a Business Mindset Class?	<input type="checkbox"/>	<input type="checkbox"/>	_____
Did I complete my Mindset/ICAN Neuro Tools goals?	<input type="checkbox"/>	<input type="checkbox"/>	_____
Did I complete my Business Action Goals?	<input type="checkbox"/>	<input type="checkbox"/>	_____
Did I get the results I expected?	<input type="checkbox"/>	<input type="checkbox"/>	_____

Weekly ROI: _____

My dominant energy this week (circle one): **Red Zone** **Green Zone**

How do I feel about my week?

What have I learned? What does this mean to me?

What changes will I make next week?