

Use these questions to help you uncover the compelling “why” that will deeply motivate you to take the required actions for success.

1. WHAT do you want? _____

What will it look and feel like when you get there? _____

2. WHY do you want this outcome/intention/goal? _____

Why do you want this result? _____

Why is that important to you? _____

How will achieving this impact your family/team/community? _____

How will having that impact make you feel? _____

What is the story you will tell yourself about achieving this result? _____
