ICAN institute™

CHOICE POINT MAP

STOP

YES

Decisions that *no longer serve me:*

My Goal:

Decisions that *guarantee my success:*

LEAVE IT!

STOP

YES

I Can

I Will

I Am

Continuing down this path...

Destination:

Price:

Gateway

Thoughts

Feelings

Behavior

Triggers

Gateway

Thoughts

Feelings

Behavior

Life is

People are

My Inevitable Future