








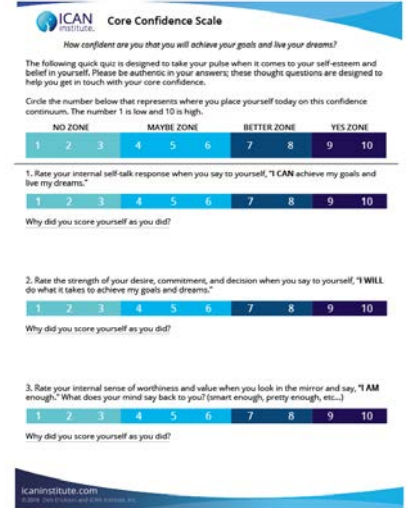
**Purpose of this neuro-tool:** Elevate your I CAN, I WILL, and I AM confidence levels anytime, anywhere

**How to use this tool:** Look at confidence scale and move up to the YES Zone

**When to use this tool:** 3 times a day to become aware and move confidence at will

**What you may want use to enhance this tool:**

-  Sight | Vision Board, visualization, Confidence Scale
-  Sound | Tool Recording
-  Smell | Essential Oils that enhance belief & confidence (Recommended: Ginger, Lemon, Tangerine)
-  Taste | Imagination
-  Touch | Anchors, user finger to “move your number” to yes








**Rate my experience with this tool (1-10)**      1    2    3    4    5    6    7    8    9    10

**Why did you rate this tool as you did?**

**Changes I could make to elevate my experience with this tool:**

**Environmental:**

**Sensory Enhancements:**

-  Sight \_\_\_\_\_
-  Sound \_\_\_\_\_
-  Smell \_\_\_\_\_
-  Taste \_\_\_\_\_
-  Touch \_\_\_\_\_