

DISCOVERING MY CORE WHY



Use these questions to help you uncover the compelling “why” that will deeply motivate you to take the required actions for success.

1. WHAT do you want? _____

What will it look and feel like when you get there? _____

2. WHY do you want this outcome/intention/goal? _____

Why do you want this result? _____

Why is that important to you? _____

How will achieving this impact your family/team/community? _____

How will having that impact make you feel? _____

What is the story you will tell yourself about achieving this result? _____

