

DAILY SUCCESS PLAN



Today's Intention:

Today's date: / /

| ICAN Neuro Tools | Complete | Feeling | Zone | My Score |
|------------------|--------------------------|---------|----------------------|----------|
| Set the Tone: | <input type="checkbox"/> | | 1 2 3 4 5 6 7 8 9 10 | |
| Reprogramming: | <input type="checkbox"/> | | 1 2 3 4 5 6 7 8 9 10 | |
| Choice Point: | <input type="checkbox"/> | | 1 2 3 4 5 6 7 8 9 10 | |
| Energy/Emotion: | <input type="checkbox"/> | | 1 2 3 4 5 6 7 8 9 10 | |

My Business Action Plan:

| | | | |
|----------|--------------------------|--------------------------|---------------------------|
| Touches: | <input type="checkbox"/> | <input type="checkbox"/> | How Many? |
| | <input type="checkbox"/> | <input type="checkbox"/> | Goal _____ Complete _____ |
| | <input type="checkbox"/> | <input type="checkbox"/> | Feeling _____ |
| | <input type="checkbox"/> | <input type="checkbox"/> | 1 2 3 4 5 6 7 8 9 10 |
| | <input type="checkbox"/> | <input type="checkbox"/> | |
| IPAs: | <input type="checkbox"/> | <input type="checkbox"/> | How Many? |
| | <input type="checkbox"/> | <input type="checkbox"/> | Goal _____ Complete _____ |
| | <input type="checkbox"/> | <input type="checkbox"/> | Feeling _____ |
| | <input type="checkbox"/> | <input type="checkbox"/> | 1 2 3 4 5 6 7 8 9 10 |

My dominant energy today (check one):

Red Zone

Green Zone