



**This YES sign is an
Anchor Neuro Tool**

Use this tool when you want to reinforce
a vision or experience.

1. Hold the YES sign in your left hand
2. Do a finger roll with your right hand – I CAN, I WILL, I AM YES
3. Bring the YES sign up to your face – pump your fist and say YES
4. Repeat over and over until you feel a shift of energy

Listen to the
Finger Roll – YES
Neuro Tool in your
ICAN Mindset Membership.

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